

Fitalite™

Natural gel cream base



Fitalite™

Fitalite™ is a natural, light, hydrophilic gel cream base with a unique formulation. This vehicle contains vitamin E and oil bodies from plant sources known as phytosomes, which give Fitalite™ its unique antioxidant and skin-moisturizing properties. Fitalite™ is an elegant, non-greasy topical vehicle, compatible with a broad range of active pharmaceutical ingredients (APIs), dermaceutical ingredients (DCIs) and solvents. Therefore, Fitalite™ is ideal for both prescription compounding and basic skin care. It is perfectly suited to the needs of oily, balanced and affected skin. Designed according to the latest insights into topical vehicle safety and tolerance, Fitalite™ is free of harmful, obsolete and controversial ingredients.

Benefits of Fitalite™

- Hydrophilic gel cream base
- Elegant, light, non-greasy skin feel
- Gentle hydration effect
- Contains natural emulsifying phytosomes: triglycerides from linoleic and oleic acids are at high concentrations in the phytosomes
- Non-comedogenic
- Especially suitable for oily, balanced and affected skin
- Compatible with a broad range of APIs and DCIs
- Simple three-step compounding process
- Suitable for application to the eyebrows and eyelids

Fagron Advanced Derma

Leading advanced dermatological care

With Fagron Advanced Derma, patients are guaranteed a total solution for both customized prescription compounding and basic skin care based on:

- Vehicle design according to the latest scientific insights into the safety and tolerance of topically applied ingredients
- Different bases for different skin types
- Suitability for vulnerable, sensitive skin
- Optimal compatibility with a broad range of APIs and DCIs
- A formulary containing different formulations for easy prescribing and compounding by indication

Total solution

Discover Fagron Advanced Derma's total solution by accessing the various information resources:

- Fagron Advanced Derma brochure
- Indication brochures
- Vehicle brochures
- Compatibility table
- Quality documents
- Compounding Matters formulations database
- Fagron Academy
- Fagron formulations app

[fagron.com](https://www.fagron.com)



Compounding and basic skin care with Fitalite™

Fagron Advanced Derma offers a total solution for:

- Customized pharmaceutical compounding
- Basic skin care

Ensures continuous care for the skin during the exacerbation and maintenance phases and guarantees maximum patient comfort for optimal compliance and results.

Fitalite™ is recommended with the following APIs and DCIs:

API/DCI	Common concentration(s)	API/DCI	Common concentration(s)
Alfatradiol (17α-estradiol)	0.025 to 0.05%	Ketoconazole	2%
Aloe vera extract	0.5 to 5%	Hydrocortisone acetate	0.25 to 2.5%
Alpha bisabolol	0.5 to 5%	Kojic acid	1 to 4%
Azelaic acid	10 to 20%	Lactic acid	1 to 20%
Clindamycin peroxide	2.5 to 5%	Latanoprost	0.005%
Betamethasone dipropionate	0.05%	Melatonin	0.0033 to 0.1%
Betamethasone valerate	0.025 to 0.1%	Menthol	1 to 3%
Caffeine	1 to 2%	Metronidazole	0.5 to 3%
Chamomile extract	0.5 to 5%	Minoxidil	2 to 5%
Ciclopirox olamine	1%	Mometasone furoate	0.1%
Clindamycin HCl	1 to 3%	Nicotinamide (vit. B3)	2 to 5%
Clobetasol propionate	0.05%	Permethrin	5%
Clotrimazole	1 to 2%	Retinol (vit. A)	0.4%
Cyanocobalamin (vit. B12)	0.07%	Salicylic acid	0.5 to 5%
Desonide	0.05 to 0.1%	Shea butter	1 to 5%
Desoximetasone	0.25%	Sulfur	5%
Dexpanthenol	0.5 to 5%	Tacrolimus	0.03 to 0.5%
Diffurcortolone valerate	0.1 to 0.3%	Tocopherol (vit. E)	0.5 to 5%
Erythromycin	0.5 to 4%	Tretinoin (vit. A acid)	0.01 to 0.1%
Fluocinolone acetonide	0.01 to 0.1%	Triamcinolone acetonide	0.025 to 0.1%
Glycerol	0.5 to 5%	Urea	5 to 40%
Glycolic acid	5 to 15%	Zinc oxide	1 to 5%
Hydrocortisone	0.25 to 2.5%	Zinc sulfate	1 to 5%

Please refer to the Fagron Advanced Derma compatibility table for more vehicle and API/DCI combinations.

Compounding formulations for Fitalite™

Acne Clindamycin HCl 1% Tocopherol (vit. E) 2.5% in Fitalite™	Ageing skin Lactic acid 8% in Fitalite™	Scabies Permethrin 5% in Fitalite™
Hidradenitis suppurativa Clindamycin HCl 1% Alpha bisabolol 2% in Fitalite™	Hyperpigmentation Mometasone furoate 0.1% in Fitalite™	Alopecia areata Latanoprost 0.005% in Fitalite™

For an optimal mixture of solid APIs and DCIs in Fitalite™, add q.s. of one of the following wetting agents: water, glycerol, propanediol or sunflower oil.

Please refer to the Compounding Matters database at fagron.com for more formulations.

Disclaimer: While a great deal of effort has been made to ensure the accuracy of the formulations contained herein, no claims are made as to the uses, safety, efficacy, or bioavailability of these recommendations. The content of this brochure cannot be construed as (medical) advice, recommendation, or opinion. Medical professionals, doctors, and compounding pharmacists using this information are advised to do so solely if appropriate in their own professional opinion and judgment. Fagron does not accept and cannot be held responsible or liable in any case for the formulations or information contained herein.



Basic skin care with Fitalite™

The innovative formulation of Fitalite™ is ideal for basic skin care for oily, balanced and affected skin.

- Oily skin
- Balanced skin
- Affected skin

Time-saving, simple three-step compounding method

1. Calculate and weigh each ingredient.
2. Reduce all powder(s) to uniform, fine consistency. Levigate the powder with suitable solvent.
3. Geometrically add sufficient Fitalite™ to final weight and mix well.

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